

**National Holidays**

- Women's History Month
- Daylight Savings 8<sup>th</sup>
- International Women's Day 8<sup>th</sup>
- St. Patrick's Day 17<sup>th</sup>
- Persian New Year 19<sup>th</sup>
- National Chip & Dip Day 23<sup>rd</sup>
- International Waffle Day 25<sup>th</sup>

**Birthday Party**

Thursday,  
March 12th  
2:00 (M)

\*\*Please sign up for all outings in Assisted Living Activities Room (AR). The time on the calendar for outings represent the depart time. \*\*

Please check bulletin boards daily as activities and location are subject to change. Bonus events, programs, and activities are not on the monthly calendar. These are added during the month.

- (M) McMillian Activity Bldg.
- (AR) AL Activity Room
- (AL exit) N Hallway Door
- (ALD) AL Dining Room
- (ALS) AL 2nd Floor
- (C) Chapel
- (CH) Chapel Hallway
- (FD) Family Dining
- (F) Fondren Dining Room
- (FP) Fondren Dining Rm. Patio
- (GH) Green House
- (GR) Game Room
- (IL) Independent Living
- (NR) Nicholson Room
- (P) Pavilion
- (HC) Healthcare
- (HCH) Healthcare Hallway
- (HCD) Healthcare Dining
- (PR) Pearson Room

Holly Hall  
A Christian Retirement  
Community  
2000 Holly Hall Street  
Houston, Texas 77054  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>MARCH 2020</h1>  <h2>ASSISTED LIVING</h2>    						
<p>1 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Mark's Episcopal Church and Christ Church Cathedral"</p> 	<p>2 9:00 Exercise w/Tape (M &amp; GR) 10:00 Spiritual Sing-Along &amp; Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit &amp; Fit (AR) 1:30 Exercise w/Bands (M) 3:00 Speakers Forum (M) 5:00 Dinner &amp; Tunes - Jazz Edition (ALD)</p> 	<p>3 9:00 Exercise w/Tape (GR) 10:00 Resident Council (AR) 11:00 Sit &amp; Fit (AR) 1:00 Mahjong (NR) 1:30 Armchair Travel: Ireland Edition (AR) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>4 9:00 Exercise w/Tape (M &amp; GR) 11:00 Sit &amp; Fit (AR) 1:30 Sip &amp; Speak: Women's Month Edition (AR) 2:00 Catholic Communion (GR) 2:00 Balance &amp; Core (M) 3:00 Bible Study (AR)</p> 	<p>5 9:00 Exercise w/Tape (GR) 10:00 Morning Trivia (AR) 11:00 Sit &amp; Fit (AR) 1:00 Tai Chi (M) 1:30 Bridge (NR) 2:00 Laughter Yoga (AR) 3:00 BINGO (AR)</p>	<p>6 9:00 Exercise w/Tape (M &amp; GR) 10:00 Balance &amp; Caoe (M) 11:00 Sit &amp; Fit w/ a Twist (AR) 1:00-5:00 Massage Therapy (Cluster 606) ** 1:30 Exercise w/ Bands (M) 2:00 Trip Down Memory Lane "College Edition" (AR) 5:00 Dinner &amp; Tunes-Jazz Edition (ALD)</p> 	<p>7 9:00 Exercise w/Tape (M &amp; GR) 10:00 BINGO (AR) 11:00 Sit &amp; Fit (AR) 2:00 Afternoon Movie &amp; Popcorn "Hidden Figures" (AR) 5:30 Bridge (NR)</p> 
<p>8 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Luke's United Methodist Church" 3:30 Catholic Mass (C)</p> 	<p>9 9:00 Exercise w/Tape (M &amp; GR) 10:00 Spiritual Sing-Along &amp; Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit &amp; Fit (AR) 1:30 Exercise w/ Bands (M) 2:30 Afternoon Social (AR)</p>	<p>10 9:00 Exercise w/Tape (GR) 10:00 Scented Painting (AR) 11:00 Sit &amp; Fit (AR) 1:00 Mahjong (NR) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>11 9:00 Exercise w/Tape (M &amp; GR) 9:45 Holly Hall Circle (M) 10:00 Balance &amp; Core (M) 10:30 Rodeo (HC)** 11:00 Sit &amp; Fit (AR) 2:00 Chair Yoga (M) 2:00 Catholic Communion (GR) 3:00 Bible Study (AR)</p> 	<p>12 9:00 Exercise w/Tape (GR) 10:00 BINGO (AR) 11:00 Sit &amp; Fit (AR) 1:00 Tai Chi (M) 1:30 Bridge (NR) 2:00 AL/IL Birthday Party (M) "Liberty &amp; Mario Entertainment"</p> 	<p>13 9:00 Exercise w/Tape (M &amp; GR) 10:00 Balance &amp; Core (M) 11:00 Sit &amp; Fit w/ a Twist (AR) 1:30 Exercise w/Bands (M) 4:00 One-to-Ones (AL)</p>	<p>14 9:00 Exercise w/Tape (M &amp; GR) 10:00 BINGO (AR) 11:00 Sit &amp; Fit (AR) 2:00 Afternoon Movie &amp; Popcorn "Going My Way" (AR) 5:30 Bridge (NR)</p> 
<p>15 9:30 New Beginnings (AR) 2:00 Worship Service (C) "First Presbyterian Church"</p> 	<p>16 9:00 Exercise w/Tape (M &amp; GR) 10:00 Spiritual Sing-Along &amp; Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit &amp; Fit (AR) 11:30 Lunch &amp; Learn (ALD) "St. Patrick's Day"</p> 	<p>17 9:00 Exercise w/Tape (GR) 11:00 Sit &amp; Fit (AR) 1:00 Mahjong (NR) 2:00 St. Patrick's Day (M) Celebration 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>18 9:00 Exercise w/Bands (M &amp; GR) 11:00 Sit &amp; Fit (AR) 1:30 Girl's Day in Activity (AR) 2:00 Catholic Communion (GR) 3:00 Bible Study (AR) 3:30 Candy Therapy (AR)</p> 	<p>19 9:00 Exercise w/Tape (GR) 10:00 Persian New Year Activities (AR) 11:00 Sit &amp; Fit (AR) 1:00 Tai Chi (M) 1:30 Bridge (NR) 1:30 Garden Club (AR) 3:00 BINGO (AR)</p>	<p>20 9:00 Exercise w/Tape (M &amp; GR) 11:00 Sit &amp; Fit w/ a Twist (AR) 2:00 Book Social (ALS) 3:00 Flying Saucer (HC) 5:00 Dinner &amp; Tunes (ALD) 6:00 BIG Karaoke Party (M)</p> 	<p>21 9:00 Exercise w/Tape (M &amp; GR) 10:00 BINGO (AR) 11:00 Sit &amp; Fit (AR) 2:00 Afternoon Movie &amp; Popcorn "Shane" (AR) 5:30 Bridge (NR)</p> 
<p>22 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Paul's United Methodist Church" 3:30 Catholic Mass (C)</p>	<p>23 9:00 Exercise w/Tape (M &amp; GR) 10:00 Spiritual Sing-Along &amp; Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit &amp; Fit (AR) 1:30 Exercise w/ Bands (M) 3:00 Bazaar Crafts (ALS)</p>	<p>24 9:00 Exercise w/Tape (GR) 11:00 Sit &amp; Fit (AR) 1:00 Mahjong (NR) 1:30 Tuesday Talk Series (C) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>25 9:00 Exercise w/Tape (M &amp; GR) 10:00 Balance &amp; Core (M) 11:00 Sit &amp; Fit (AR) 1:30 Bowling: Strike-A-Pose (AR) 2:00 Catholic Communion (GR) 3:00 Bible Study (AR)</p> 	<p>26 9:00 Exercise w/Tape (GR) 11:00 Sit &amp; Fit (AR) 11:30 Men's Luncheon (AR) 1:00 Tai Chi (M) 1:30 Partnership School Performance (M) 1:30 Bridge (NR) 3:00 BINGO (AR) 6:00 Pop-up Jazz Show (M)</p> 	<p>27 9:00 Exercise w/Tape (M &amp; GR) 10:00 Balance &amp; Core (M) 11:00 Sit &amp; Fit w/ a Twist (AR) Performance (M) 3:00 Health Jeopardy (AR)</p> 	<p>28 9:00 Exercise w/Tape (M &amp; GR) 10:00 BINGO (AR) 11:00 Sit &amp; Fit (AR) 2:00 Afternoon Movie &amp; Popcorn "The Third Man" (AR) 5:30 Bridge (NR)</p> 
<p>29 9:30 New Beginnings (AR) 2:00 Worship Service (C) "West University Methodist Church"</p>	<p>30 9:00 Exercise w/Tape (M &amp; GR) 10:30 Tai Chi (M) 11:00 Sit &amp; Fit (AR) 1:30 Exercise w/Bands (AR) 2:00 Museum of Fine Arts: Impressionism (C) 3:00 BINGO Market (AR)</p>	<p>31 9:00 Exercise w/Tape (GR) 11:00 Sit &amp; Fit (AR) 1:00 Mahjong (NR) 2:00 Sip &amp; Paint (AR) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>STRIKE</p> 	<p>JEOPARDY!</p> 	<p>JEOPARDY!</p> 	<p>JEOPARDY!</p> 

