

National Holidays

Women's History Month
Daylight Savings 8th
International Women's Day 8th
St. Patrick's Day 17th
Persian New Year 19th
National Chip & Dip Day 23rd
International Waffle Day 25th

Birthday Party

Thursday,
March 12th
2:00P.M. (M)

****Please sign up for all outings in the Pavilion. The time on the calendar for outings represent the depart time. ****

Please check bulletin boards daily as activities and location are subject to change. Bonus events, programs, and activities are not on the monthly calendar. These are added during the month. Please check your mailboxes for more information.

(M) McMillian Activity Bldg.
(AR) AL Activity Room
(AL exit) N Hallway Door
(ALS) AL 2nd Floor
(C) Chapel
(CH) Chapel Hallway
(FD) Family Dining
(F) Fondren Dining Room
(FP) Fondren Dining Rm. Patio
(GH) Green House
(GR) Game Room
(IL) Independent Living
(NR) Nicholson Room
(P) Pavilion
(HC) Healthcare
(HCH) Healthcare Hallway

**Holly Hall
A Christian Retirement
Community
2000 Holly Hall Street
Houston, Texas 77054
713.799.9031**

ATTENTION RESIDENTS
Please remember to check in with the receptionist by calling: 713-597-9962 or email ILCheckIn@hollyhall.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
    						
<p>1 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Mark's Episcopal Church and Christ Church Cathedral"</p> 	<p>2 9:00 Exercise w/Tape (M&GR) 10:00 Spiritual Sing Along/Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit & Fit (AR) 1:30 Exercise w/bands (M) 3:00 Speakers Forum (M) 6:00 Adult Coloring Club (P)</p>	<p>3 9:00 Exercise w/Tape (GR) 10:00 HIIT Training (M) 11:00 Sit & Fit (AR) 1:00 Mahjong (NR) 1:15 Zumba Gold (M) 1:30 Armchair Travel Ireland (AR) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>4 9:00 Exercise w/Tape (M&GR) 10:30 Rodeo Outing (M)** 11:00 Sit & Fit (AR) 1:30 Sip & Speak: Women's Month Edition (AR) 2:00 Catholic Communion (AR) 2:00 Balance & Core (M) 3:00 Bible Study (AR) 6:00 Adult Coloring Club (P)</p> 	<p>5 9:00 Exercise w/Tape (GR) 10:00 Circuit Training (M) 11:00 Sit & Fit (AR) 1:00 Tai Chi (M) 2:00 Laughter Yoga (AR) 1:30 Bridge (NR) 3:00 BINGO (AR)</p> 	<p>6 9:00 Exercise w/Tape (M&GR) 9:00 Kroger (M)** 10:00 Balance & Core (M) 11:00 Sit & Fit w/ a Twist (AR) 1:00-5:00 Massage Therapy (Cluster 600)** 1:30 Exercise w/bands (M) 2:00 Trip Down Memory Lane "College Edition" (AR) 6:45 Shepherd School of Music Opera "La Clemenza di Tito" (M)**</p>  	<p>7 9:00 Exercise w/Tape (M&GR) 10:00 BINGO (AR) 11:00 Sit & Fit (AR) 2:00 Afternoon Movie & Popcorn "Hidden Figures" (AR) 5:30 Bridge (NR)</p> 
<p>8 Daylight Saving Time 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Luke's United Methodist Church" 3:30 Worship Service Catholic Mass</p> 	<p>9 9:00 Exercise w/Tape (M&GR) 10:00 Spiritual Sing Along/Chaplain's Devotion (AR) 10:30 Tai Chi (M) 10:45 Holy Communion (AR) 11:00 Sit & Fit (AR) 1:30 Exercise w/bands (M) 2:15 Wal-Mart (M)** 6:00 Adult Coloring Club (P)</p> 	<p>10 9:00 Exercise w/Tape (GR) 10:00 HIIT Training (M) 11:00 Sit & Fit (AR) 1:00 Mahjong (NR) 3:00 Resident Council (M) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 	<p>11 9:00 Exercise w/Tape (M&GR) 10:00 Balance & Core (M) 10:00 Holly Hall Circle (M) 11:00 Sit & Fit (AR) 2:00 Catholic Communion (GR) 2:00 Chair Yoga (M) 3:00 Bible Study (AR) 6:00 Adult Coloring Club (P)</p>	<p>12 9:00 Exercise w/Tape (GR) 10:00 BINGO 10:45 Houston Natural Science Museum "Stonehenge A World Mystery & Lunch at Lucille's" (M)** 11:00 Sit & Fit (AR) 1:00 Tai Chi (M) 2:00 Bridge (NR) 1:30 AL/IL Birthday Party Liberty & Mario Ent. (M) 5:00 Cottage Dinner (F) 6:00 Late - Night BINGO (M)</p> 	<p>13 9:00 Exercise w/Tape (M&GR) 9:00 HEB (M)** 10:00 Balance & Core (M) 11:00 Sit & Fit w/ a Twist (AR) 1:30 Exercise w/bands (M) 5:00 Seafood Buffet (F)</p>  	<p>14 9:00 Exercise w/Tape (M&GR) 10:00 BINGO (AR) 11:00 Sit & Fit (AR) 2:00 Afternoon Movie & Popcorn "Going My Way" (AR) 3:30 Catholic Mass Outing to Dominican Sisters Of Houston (M)** 5:30 Bridge (NR)</p>
<p>15 9:30 New Beginnings (AR) 2:00 Worship Service (C) "First Presbyterian Church"</p> 	<p>16 9:00 Exercise w/Tape (M&GR) 9:30 Adult Plus Outing (M)** 10:00 Spiritual Sing Along/Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit & Fit (AR) 6:00 Adult Coloring Club (P)</p> 	<p>17 9:00 Exercise w/Tape (GR) 11:00 Sit & Fit (AR) 1:00 Mahjong (NR) 1:15 Zumba Gold (M) 2:00 St. Patrick's Day Celebration (M) 3:00 BINGO (M) 5:30 Bridge (NR)</p> 	<p>18 9:00 Exercise w/Tape (M&GR) 10:00 Reading Circle (2nd Floor Hall Sitting Area) 11:00 Sit & Fit (AR) 1:30 Girls Day In Activity (AR) 1:30 Dollar Tree Outing (M)** 2:00 Catholic Communion (GR) 3:00 Bible Study (AR) 6:00 Adult Coloring Club (P)</p>	<p>19 9:00 Exercise w/Tape (GR) 10:00 Persian New Year (AR) 11:00 Sit & Fit (AR) 1:00 Tai Chi (M) 1:30 Bridge (NR) 1:30 Garden Club (AR)</p> <p>**Dr. Belcher-Podiatry Sign Up**</p> 	<p>20 9:00 Exercise w/Tape (M&GR) 9:00 Kroger (M)** 11:00 Sit & Fit w/ a Twist (AR) 11:00 The Grove Restaurant (M)** 2:00 Book Social (ALS) 6:00 BIG Karaoke Party (M)</p>  	<p>21 9:00 Exercise w/Tape (M&GR) 10:00 BINGO (AR) 11:00 Sit & Fit (AR) 2:00 Afternoon Movie & Popcorn "Shane" (AR) 5:30 Bridge (NR)</p> 
<p>22 9:30 New Beginnings (AR) 2:00 Worship Service (C) "St. Paul's Methodist Church" 3:30 Worship Service Catholic Mass</p> 	<p>23 9:00 Exercise w/Tape (M&GR) 10:00 Spiritual Sing Along/Chaplain's Devotion (AR) 10:30 Tai Chi (M) 10:45 Chaplain's Devotion (AR) 11:00 Sit & Fit (AR) 1:30 Exercise w/bands (M) 3:00 Bazaar Crafts (ALS) 6:00 Adult Coloring Club (P)</p>	<p>24 9:00 Exercise w/Tape (GR) 10:00 HIIT Training (M) 11:00 Sit & Fit (AR) 1:00 Mahjong (NR) 1:30 Tuesday Talk Series (C) 3:00 BINGO (AR) 5:30 Bridge (NR)</p>	<p>25 9:00 Exercise w/Tape (M&GR) 10:00 Balance & Core (M) 11:00 Sit & Fit (AR) 2:00 The Guild Shop (M)** 3:00 Bible Study (AR) 6:00 Adult Coloring Club (P)</p> 	<p>26 9:00 Exercise w/Tape (GR) 10:00 Persian New Year (AR) 10:00 Circuit Training (M) 11:00 Sit & Fit (AR) 11:30 Men's Luncheon (AR) 1:00 Tai Chi (M) 1:30 Partnership School Performance (M) 1:30 Bridge (NR) 3:00 BINGO (AR) 6:00 Pop Up Jazz Concert (M)</p> 	<p>27 9:00 Exercise w/Tape (M&GR) 9:00 HEB (M)** 10:00 Balance & Core (M) 11:00 Sit & Fit w/ a Twist (AR) 3:00 Health Jeopardy (AR) 6:00 Game Night (M)</p>  	<p>28 9:00 Exercise w/Tape (M&GR) 10:00 BINGO (AR) 11:00 Sit & Fit w/ a Twist (AR) 2:00 Afternoon Movie & Popcorn "The Third Man" 3:30 Catholic Mass Outing to Dominican Sisters Of Houston (M)** 5:30 Bridge (NR)</p>
<p>29 9:30 New Beginnings (AR) 2:00 Worship Service (C) "West University Methodist Church"</p>	<p>30 9:00 Exercise w/Tape (M&GR) 10:00 Spiritual Sing Along/Chaplain's Devotion (AR) 10:30 Tai Chi (M) 11:00 Sit & Fit (AR) 11:30 Mix & Mingle Monday (F) 1:30 Exercise w/bands (AR) 2:00 Museum of Fine Arts (C) 3:00 BINGO Market (AR) 6:00 Adult Coloring Club (P)</p>	<p>31 9:00 Exercise w/Tape (GR) 10:30 Book Review (M) (Sign-up with Susan Thran) 11:00 Sit & Fit (AR) 1:00 Mahjong (NR) 3:00 BINGO (AR) 5:30 Bridge (NR)</p> 				